

GROWING TAKES TIME AND PATIENCE.

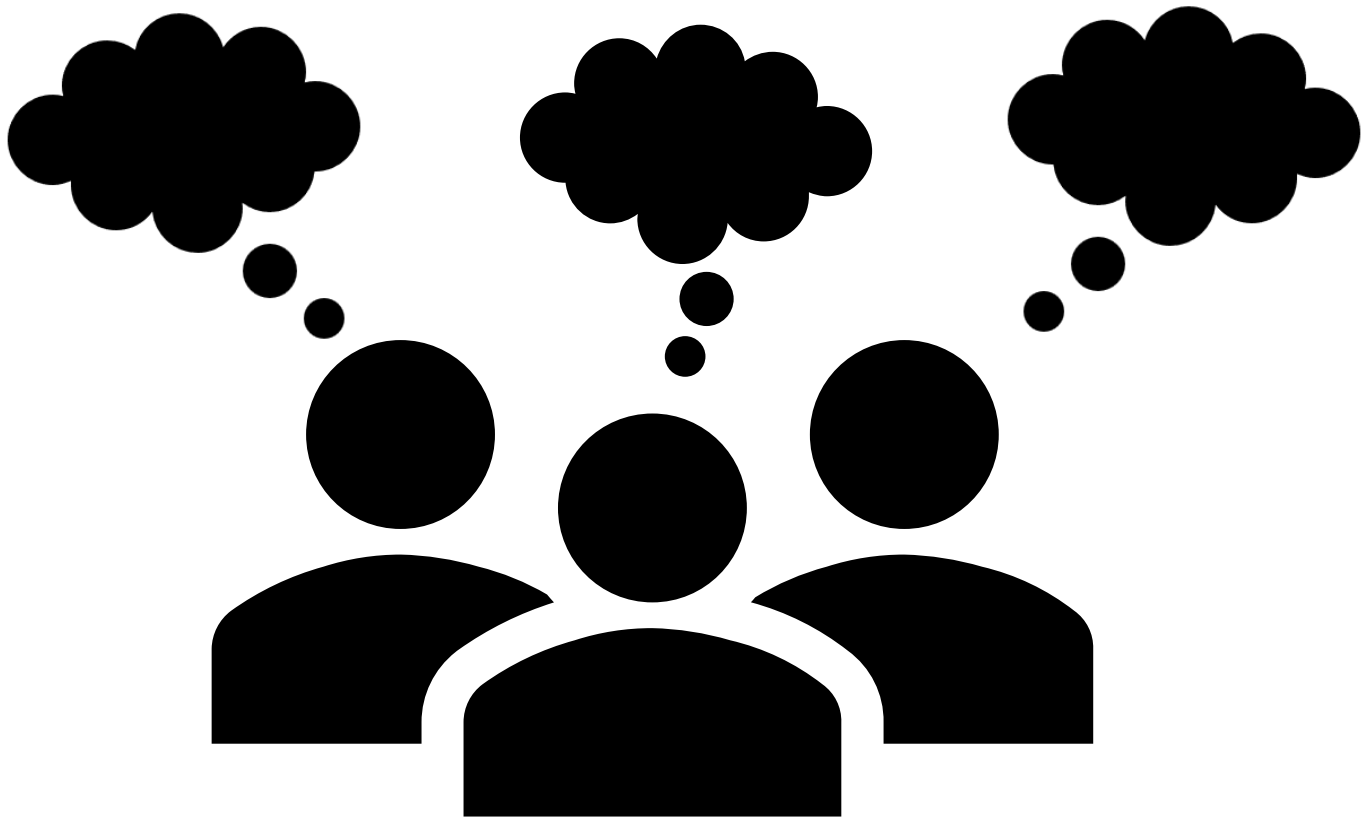
Leader: As we gather together

ALL: ...we bring our hearts.



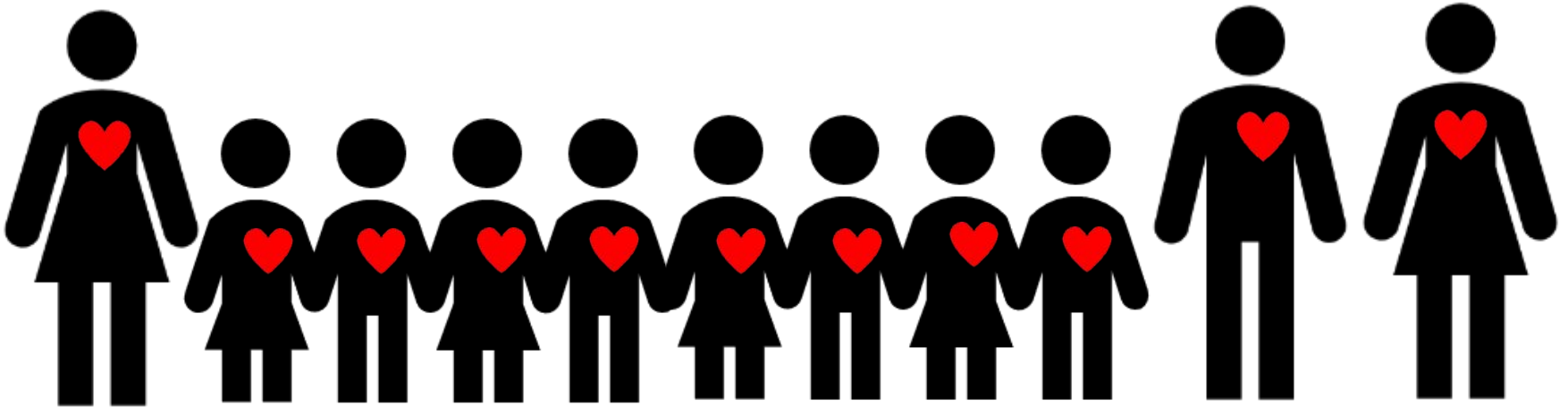
Leader: As we gather together

ALL: ...we share our thoughts.



Leader: As community together

ALL: ...we serve one another.



I wonder what you think when you join the end of a long queue?



**What are they waiting for? I wonder
what they are thinking?**



I wonder if you can think of a time in your life when you had to be patient and wait for something?



**How long did you have to wait?
A minute? An hour? A day? A
week? A month? Longer?**

Have you ever waited for something for so long and then felt disappointed?





Clothe yourselves with

compassion, kindness, humility,
gentleness and patience.

Colossians 3:12

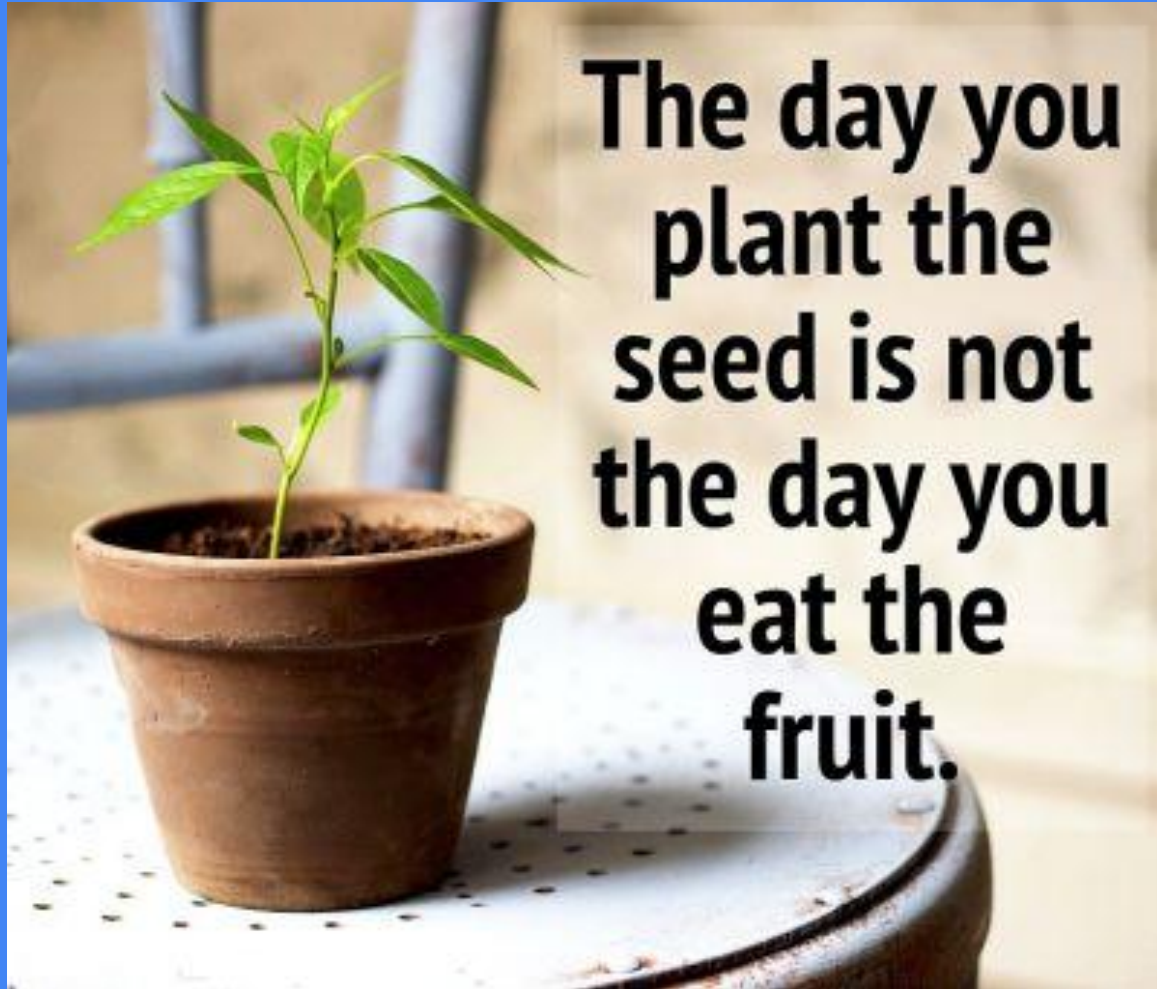
@blessedbeboutique

Paul wrote these words to one of the very first churches: he said:

‘...clothe yourselves with ...patience’
(Colossians 3:12)

So maybe patience isn’t always something that we have to feel inside first –maybe it’s something we can choose to put on, a bit like a jumper or a coat?

I wonder if that could makes a difference to how you feel about being patient?




**The day you
plant the
seed is not
the day you
eat the
fruit.**



I wonder what you will do to increase your levels of patience this week?

I wonder how might you help someone else who is feeling frustrated this week?



A sunset over a beach with a large rock in the background and a bird on the sand.

Patience is not simply
the ability to wait -
it's how we behave
while we're waiting.

Joyce Meyer

BrainyQuote®

Waiting...turn over the timer to wait... and think.





I wonder what you are waiting for?
I wonder what your heart longs for?
I wonder if you carry disappointments of things
you have waited for?



**Wait for the Lord; be strong and take
heart and wait for the Lord.'**

[Psalm 27: 14]

These words come from the same song (Psalm 27) that David wrote about his heart's desire. 'Taking heart' is another way of saying having hope, recognising that difficult circumstances, and waiting, often lead to better things and building resilience in us.

Dear Lord,

Teach me to be patient with life, with people and myself.
I sometimes try to hurry too much, and I push for answers
before the time is right. Help me to wait and use that time
instead to think.

Amen





Leader: As we leave this place & time and go into the day ahead...

All: ...may we serve one another in our thoughts and words and actions.

